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One Year On A Bike: From Amsterdam To Singapore



Synopsis

The title says it all: one man, one bike, one long ride, the adventure, the pleasure, and the pain. It is simultaneously a travelogue and visual journey. Martijn Doolaard traded the convenience of a car and the distractions of daily life for a cross-continental cycling journey: a biped adventure that would take him from Amsterdam to Singapore. Leaving behind repetitive routines, *One Year on a Bike* indulges in slow travel, the subtlety of a gradually changing landscape, and the lessons learned through traveling. Venturing through Eastern European fields of yellow rapeseed to the intimate hosting culture and community in Iran, *One Year on a Bike* is a vivid chronicle of what can happen when the norm is pointedly replaced by exceptional self-discoveries and beautiful scenery. Doolaard shares the gear and knowledge that made his trip possible alongside the passionate curiosities that served as his impetus.

Book Information

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Customer Reviews

"One Year on a Bike is a vivid chronicle of what can happen when the norm is pointedly replaced by exceptional self-discoveries and beautiful sceneries." [-Trendland](#) "Through 368 pages of full color images and deeply insightful entries touching on cultural experiences, the beauty of an ever-changing landscape, learning to trust strangers [\[Äçâ -Ä\]](#) and much more. Acting as a visual travelogue, *One Year on Bike* documents the good times, the tough times, the inspiring times, the wet and miserable times, and everything in between [Äçâ -Ä](#)" [-The Field](#)

One of the best travel books I've found, produced with a designer's sensibility and gestalten's

quality. The writing is sparse but rich, and the photos are stunning. The travelogue is candid, filled with accounts of good times and bad, from camping on Thai beaches to icy mountain passes, and from days of loneliness to the sensory overload of India. If you've ever dreamt of exploring the world with little more than a bike and a tent, this book is for you.

This book is all about the photos. It's a massive book, with lots of double page pictures.

Unfortunately, most of them have been digitally wrecked. Well, I assume they are, because it's unlikely that during the printing process some colours did run out and nobody noticed. The pictures look like the first colour photos of the 50s who have been left in the sun ever since to have some colours bleach out. The title image of the book already gives you a hint of what to expect, and the author's website has more of it. Unfortunately, I didn't check it before ordering. If you like underexposed pictures with not much colour except the greenish skies, this book is for you - I'll return it.

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